



Budo Karate-Do

South Africa

Highway Area

Affiliated to Karate South Africa and the World Karate Federation



HIGHWAY PINAN/HEIAN KATA CHALLENGE 2016

Dear Karateka

We hereby invite you and your team to the first ever and hopefully not the last Highway Pinan/Heian Kata Challenge. The idea behind the challenge is to emphasize the importance of basic katas, to level the playing fields and above all, to have great fun.

DATE: 05th November 2016 (Closing date for entries 31st October 2016)

VENUE: Highbury Preparatory School, Hillcrest

START TIME: 08h00

CATEGORIES: Individual Kata and Unison Kata (may be mixed, i.e. two males and one female will must be entered as a male team)

COST: R50.00 individual entry and R100.00 per unison team.

AGE GROUPS INDIVIDUAL KATA: (4 - 5yrs), (6 - 7yrs), (8 - 10yrs), (11 - 13yrs), Cadets (14-15yrs), Junior (16-17yrs), Seniors (18-34yrs), Veterans (35 years and older - Male and Female Divisions depending of numbers otherwise joint).

AGE GROUPS UNISON KATA: (4 - 7yrs), (8 - 13yrs), Cadets (14-15yrs), Junior (16-17yrs), Seniors (18-34yrs), Veterans (35 years and older - Male and Female Divisions depending of numbers otherwise joint).

The following are the kata requirements per division:

White Belts - SHIHO ZUKI GEDAN, TAKIYOKO, PINAN NIDAN or HEIAN SHODAN (any one kata)

Yellow to Orange Belts – TAKIYOKO, PINAN/HEIAN NIDAN or PINAN/HEIAN SHODAN (any one kata)

Green to Blue Belts - PINAN SHODAN, HEIAN NIDAN, PINAN/HEIAN SANDAN, PINAN/HEIAN YONDAN (any two kata listed but must be different in the first two rounds)

Purple to 3rd Kyu Brown Belts – PINAN/HEIAN SANDAN, PINAN/HEIAN YONDAN or PINAN/HEIAN GODAN (any two kata listed but must be different in the first two rounds)

2nd Kyu Brown to Black Belt – PINAN/HEIAN SANDAN, PINAN/HEIAN YONDAN, PINAN/HEIAN GODAN (a different kata in each round)

Unison – ANY PINAN/HEIAN KATA WITH NO BUNKAI

A TUCK SHOP WILL BE AVAILABLE.

We look forward to your support and hope that we can make this event a huge success.